THEMATIC TOPIC: HEALTH

Time:
2 hours; 2 x 50 minutes class sessions and 10 minute break for questions (written questions only)

Activities:
one warm-up activity; two integrated reading tasks; one listening task; one speaking overview; one writing task (set-up for HW)

Homework:
writing task; study guide module 1 activities
THEMATIC TOPIC: HEALTH

Warm-up (10 minutes)

- Introduction
- Aims of the course
- Basic course format
- Instructions for questions a contact
- Expectations
- Learning objectives
THEMATIC TOPIC: Health

(Text in **RED** refers to information in the study guide)

(Text in **GREEN** is for student instructions)

(Text in **BLACK** is what students should read)
READING TASK 1

(Reading task tips and practice exercises are in the study guide)

(Please look at the title and skim the first sentence of each paragraph to find out what the text is about)

(Next, please follow along as your teacher reads this section)
Always read the instructions carefully to see whether you should be answering Yes, No and Not given or True, False and Not given.

In this task, you answer

- **YES if the statement reflects the claims of the writer**
• NO if the statement contradicts the claims of the writer
Questions 4 - 7

- **NOT GIVEN** if it is impossible to say what the writer thinks about this
Listening Task  
(Listening task tips and practice exercises are in the study guide)

- predict the topic
- predict the questions
- take a minute to look through each section
- careful with question order
- move on if you miss an answer
- ignore words you don’t know
- underline key words
- don’t worry about what you write on the exam sheet
- read the instructions
- don’t leave answers blank
- check your answers
- listen very carefully
Speaking Task

The Speaking component assesses the candidate’s use of spoken English, and takes between 11 and 14 minutes to complete. Candidates do the speaking test individually. This class will focus on Part 1.
Part 1

Be prepared to answer general questions about yourself and a range of familiar topics, such as their home, family, work, studies and interests. This part lasts between 4 and 5 minutes.
The speaking test is scored based on these criteria:

<table>
<thead>
<tr>
<th>Criteria</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fluency and Coherence</td>
<td>How fluently you speak and how well you link your ideas together</td>
</tr>
<tr>
<td>Pronunciation</td>
<td>How accurate your pronunciation is</td>
</tr>
<tr>
<td>Lexical Resource</td>
<td>How accurate and varied your vocabulary is</td>
</tr>
<tr>
<td>Grammatical Range and Accuracy</td>
<td>How accurate and varied your grammar is</td>
</tr>
</tbody>
</table>
(Listening task tips and practice exercises are in the study guide).

Where are you from?

Why are you studying English?

Have you visited any English speaking countries?

Do you play any sports?

Now, Let’s look at some videos that explain the speaking section in more detail.
Writing HW

(Writing task tips and practice exercises are in the study guide).

- underline key words in the tasks – be sure to answer the question
- think and plan your writing
- write enough words
- don’t write too many words
- don’t copy whole sections of the question
- manage your time
- check your writing
- use a range of vocabulary
- put one idea in each paragraph
Tips

- Avoid giving short, uncommunicative replies
- Avoid short, 'yes', 'no' answers to closed questions
- Offer examples to help you explain a statement
- Give a full answer
- Speak clearly and don't worry about your accent
- Use descriptive words
- Speak up
- Don't use slang
- Keep a steady pace
- Don't try to memorize answers to sample subjects
- Stay on topic